



June 2017 Infection Control learning sheet # 5 - correct use of PPE for suspect pandemic and spills

Suspect significant pathogen where no vaccination exists e.g Avian flu, MERS, SARS etc

Put together a kit for about 12 changes in a large plastic stacking box with the contents listed and order of use on the lid

- half a box of M or L exam gloves (suggest nitrile if any of your staff cannot use latex)
- a couple of pairs of goggles that fit completely around the eye sockets i.e not plain safety glasses for spills
- 12 water repellent, elastic cuffed gowns (not plastic nor with thumb holes)
- Alcohol handrub - I suggest two small personal use bottles from supermarket, dispose after use and replace
- Detergent wipes - I suggest a couple of small personal use packs of wet wipes, dispose after use and replace
- a box of P2/N95 respirator masks
- a few surgical masks for patient use
- 12 yellow clinical waste bags

For a suspect case, dispose of goggles. Check contents every 6 months for rubber fatigue in gloves and elastic on masks

Order for use

Putting on

- use handrub to clean hands
- fit mask then put on goggles
- put on gown and tie at rear so it can be undone easily
- put on gloves and ensure they cover beyond the cuff

Removal

- grasping only the inside of the gloves over the cuff, remove and dispose
- perform hand hygiene with alcohol handrub
- remove goggles by only making contact with the band at the back of the head
- undo gown tie and bring the rear of the gown to the front, remove by touching only inside surface and roll up
- remove mask by grasping only the rear bands and pull slowly over head and dispose
- perform hand hygiene with alcohol handrub

PPE for body fluid spills e.g. vomit (see February learning sheet for contents)

Put together a spills kit for 2 spills of varying types in a plastic box with the contents listed and order of use on the lid (PPE consists of

- two pairs of exam gloves (suggest nitrile if any of your staff cannot use latex)
- a face shield (combined eye shield and mask) or two pair safety glasses (I suggest disposable already made up)
- two surgical masks if not using combined mask eye shield (use mask with loops for ease of use)
- 2 disposable plastic aprons

Order for use

Putting on

- apron over head and tie, then mask then safety glasses then gloves

Removal

- grasping inside of the gloves, remove and dispose, perform hand hygiene with detergent wipes or handwash
- remove safety glasses by only touching stems (place in bag for washing)
- undo apron ties by snapping then bring ties around to front and roll up apron using inside surface only
- remove mask by grasping one loop and pull across face slowly, dispose. Wash hands if a vomit or faecal spill

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