



2020 Topic sheet # 7 - July

(SARS-CoV-2 is the virus and COVID-19 is the disease)

DEEP / ENHANCED / TERMINAL CLEANING AFTER KNOWN POSITIVE COVID-19 TEST

I think every practice can do this without calling in the deep clean team – a consulting room does not require a terminal clean so I have used the guidelines and adjusted in highlight to assist you if a positive case has attended for a short time

DEFINITION

Terminal cleaning requires both thorough cleaning and disinfection for environmental decontamination. Cleaning should be followed by or combined with a disinfectant process (see 2-step clean and 2- in-1 step clean below).

HOW TO

Ensure room is prepared prior to cleaning, remove medical equipment and patient used items. Wear PPE – surgical mask, protective eyewear, gloves and gown (I would delete gown unless secretions present)

- Change bed screens and curtains (including disposable curtains/screens) that are soiled or contaminated – this is a great chance to **ensure today** that supplies are stored in drawers and cupboards or else you are faced with possibly discarding exposed supplies
- Damp dust all surfaces, furniture and fittings – use paper towel with detergent on it – no spraying
- Clean windows, sills and frames - use paper towel with detergent on it – no spraying
- Clean all surfaces of bed and mattress – add treatment couch, sinks, benches - use paper towel with detergent on it – no spraying
- Mop floor – detergent is enough
- Add wipe over all equipment left out eg oximeter, sphygmomanometer, chair, scales etc etc

THEN

Remove PPE and perform hand hygiene

- Clean all cleaning equipment and return it to the cleaners' room or storage area, discard any waste
- Perform hand hygiene

TO DECONTAMINATE FURTHER - I prefer 1. And don't forget the equipment that you cleaned that is left in room

You can choose from

1. 2-step clean

Physical cleaning with detergent followed by disinfection with a TGA-listed hospital-grade disinfectant with activity against viruses (according to label/product information) or a chlorine-based product such as sodium hypochlorite. **After cleaning with your detergent, viraclean undilute could be used on high touch surfaces but make sure it is left wet at least a minute to achieve a 4 log reduction**

OR

2-in-1 clean

A physical clean using a combined detergent and TGA-listed hospital-grade disinfectant with activity against viruses (according to label/product information) or a chlorine-based product such as sodium hypochlorite, where indicated for use i.e. a combined detergent/disinfectant wipe or solution. **You could wipe over everything with your disinfectant wipes eg clinell universal but only if surfaces look clean, otherwise clean first.**